

# 1999



*Thank Goodness  
It's Friday  
Lottery  
Calendar*

**\$20,000  
In Prizes!**

**12 New Draws of  
\$500 Each!**

Featuring Acrylic Paintings of Ontario Artist *Spirit Synott*

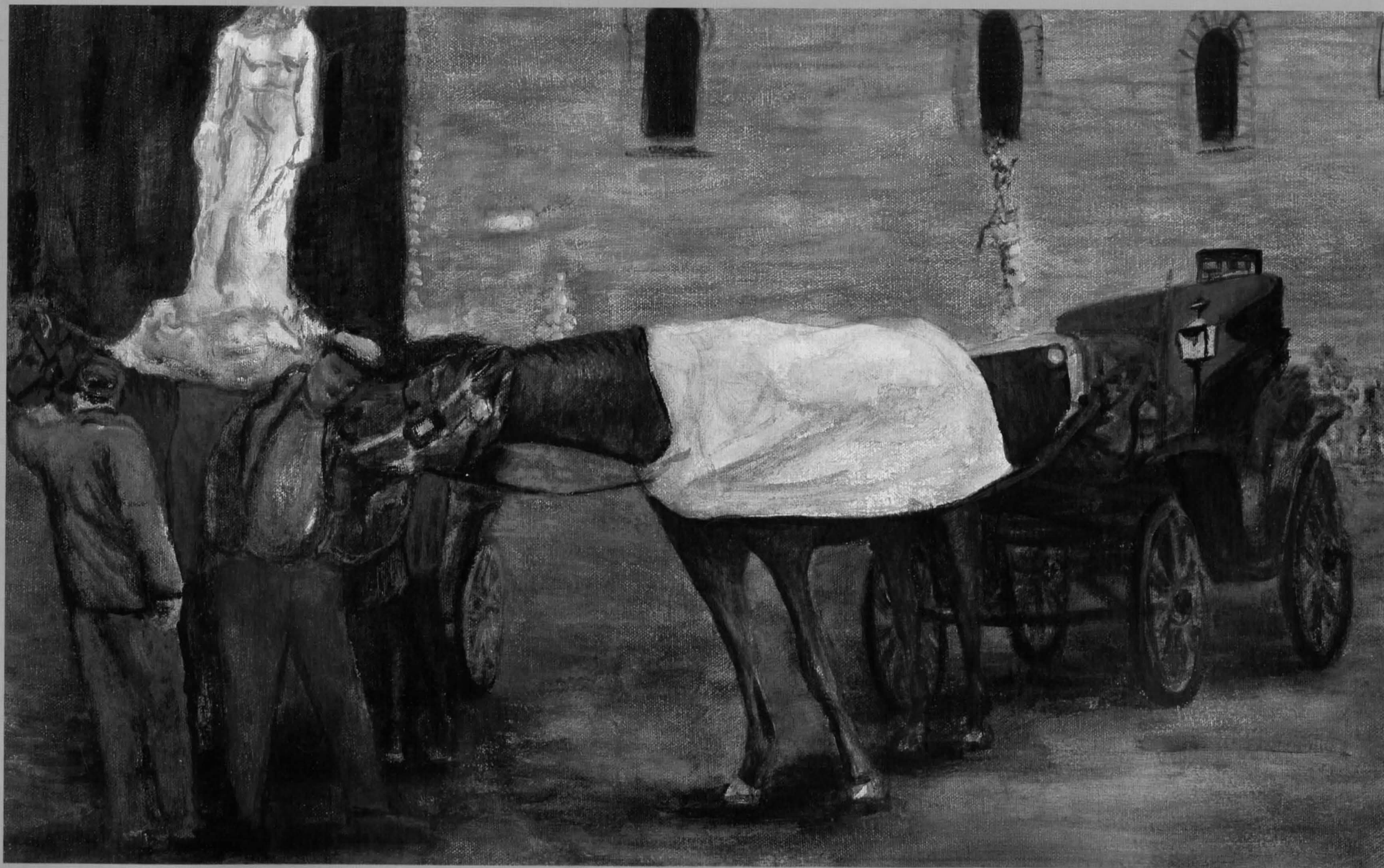
*Spina Bifida  
&  
Hydrocephalus*

ASSOCIATION OF ONTARIO



- 289 Draws Throughout The Year
- Bonus Draws
- Only 5,000 Calendars Printed
- 1 In 17 Chances To Win

*Your Purchase Helps Support  
Research & Awareness Programs*



Spina Bifida & Hydrocephalus  
Association of Ontario  
1-800-387-1575

*One child in 750 is born with spina bifida. Even more have hydrocephalus. They are the most common disabling birth defects in Canada.*

#### DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

#### FEBRUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

# JANUARY 1999

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**1** New Year's Day

**\$100**  
FIRST OF THE  
MONTH BONUS



**\$100**  
TGIF

**2**





**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*Eighty per cent of individuals with spina bifida also have hydrocephalus  
– the excessive accumulation of cerebrospinal fluid within the brain.  
It may be present at birth or may develop later in life.*

#### JANUARY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

#### MARCH

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# FEBRUARY 1999

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

**1**

**\$100  
FIRST OF THE  
MONTH BONUS**

**\$20**

**2**

**\$20**

**3**

**\$20**

**4**

**\$20**

**5**

**6**



**\$100  
TGIF**







**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*Forty years ago, only 10% of babies born with spina bifida survived their first year. Today, with research and advances in medical technology, 90% survive and thrive!*

FEBRUARY							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6					1	2	3	
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28							25	26	27	28	29	30	

# MARCH 1999

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

**\$100**  
FIRST OF THE  
MONTH BONUS

\$20

2

\$20

3

\$20

4

\$20

5

6



**\$100**







**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*Hydrocephalus can be caused by a variety of medical problems. It can be present at birth, as a result of a congenital defect. Acquired hydrocephalus may occur at any time during a person's life as a result of an intra-ventricular haemorrhage, meningitis, a head injury, tumours or an unknown cause.*

MARCH							MAY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6								1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30	31				23	24	25	26	27	28	29
							30	31					

# APRIL 1999

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**1** First Day of Passover

**\$100**  
FIRST OF THE  
MONTH BONUS

**\$20**

**2** Good Friday

**3**



**\$100**







**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*There is no known cure for spina bifida. Although the spinal opening is surgically repaired after birth, the nerve damage is permanent. This results in varying degrees of paralysis of the lower limbs, depending largely on the location and severity of the lesion.*

APRIL							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	3					1	2
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30		27	28	29	30			

# MAY 1999

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

**\$100**  
**FIRST OF THE**  
**MONTH BONUS**





**Spina Bifida & Hydrocephalus  
Association of Ontario  
1-800-387-1575**

*June is Spina Bifida and Hydrocephalus awareness month which  
helps to promote understanding and awareness of Canada's most  
common disabling birth defects.*

MAY							JULY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1						1	2
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												

# JUNE 1999

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**1**

**\$100  
FIRST OF THE  
MONTH BONUS**

**2**

**3**

**4**

**5**

**NO SPECTATORS  
BEYOND  
THIS POINT**







**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*Founded as a support organization by and for parents in 1971 and  
incorporated in 1973, the SBHAO is a dedicated advocate of the rights  
and abilities of people with spina bifida and/or hydrocephalus.*

JUNE							AUGUST						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30	31				

# JULY 1999

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**



**1** *Canada Day*

**\$100  
FIRST OF THE  
MONTH BONUS**

**\$20**

**2**

**3**



**\$100  
TGIF**





**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*There is no single known cause of spina bifida. Researchers are studying the effects of heredity, nutrition, environment and pollution, which lead to physical damage to the embryo.*

JULY							SEPTEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3				1	2	3	4
4	5	6	7	8	9	10	5	6	7	8	9	10	11
11	12	13	14	15	16	17	12	13	14	15	16	17	18
18	19	20	21	22	23	24	19	20	21	22	23	24	25
25	26	27	28	29	30	31	26	27	28	29	30		

# AUGUST 1999

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

2

*Civic Holiday*

3

4

5

6

7

\$100

FIRST OF THE  
MONTH BONUS

\$20

\$20

\$20

\$20

\$100





**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*The Dr. E. Bruce Hendrick Scholarship Program encourages and supports students with spina bifida and hydrocephalus.*

AUGUST							OCTOBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7						1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30	31					24	25	26	27	28	29	30
							31						

# SEPTEMBER 1999

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

**\$100**  
FIRST OF THE  
MONTH BONUS

**\$20**

2

**\$20**

3

4



**\$100**  
TGIF





**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*Scientific research has proved that folic acid supplements taken by women before conception and throughout their pregnancy can reduce the risk of spina bifida and other neural tube defects (NTDs) by as much as 70 per cent.*

**SEPTEMBER**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**NOVEMBER**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

# OCTOBER 1999

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**



**1**

**\$100  
FIRST OF THE  
MONTH BONUS**



**\$100**

**2**





**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*For women who have had a previous pregnancy affected by an NTD or in families where there is a history of NTDs, the recommended amount of folic acid is 4.0 mg per day. Consult with a physician to determine the amount of folic acid you should be taking.*

OCTOBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2			1	2	3	4	
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
31													

# NOVEMBER 1999

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

**\$100**  
FIRST OF THE  
MONTH BONUS

\$20

2

\$20

3

\$20

4

\$20

5

6



**\$100**  
TGIF





**Spina Bifida & Hydrocephalus  
Association of Ontario**  
1-800-387-1575

*Season's greetings and all the best for the new millennium from  
the board, staff and members of SBHAO.*

NOVEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6								1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30					23	24	25	26	27	28	29
							30	31					

# DECEMBER 1999

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**1**      **\$100**  
**FIRST OF THE**  
**MONTH BONUS**

**\$1000**  
**HOLIDAY GIVEAWAY**

**2**

**3**

**4** *Hanukkah*



# Spina Bifida & Hydrocephalus Association of Ontario

## Meeting the Challenge – Seeking the Answers

**One child in 750 is born with spina bifida. Even more have hydrocephalus. They are the most common disabling birth defects in Canada.**

### Spina Bifida

Spina bifida is a neural tube birth defect which occurs within the first four weeks of pregnancy.

The spinal cord fails to develop properly resulting in varying degrees of permanent damage to the spinal cord and nervous system. Treatment involves surgery and therapy to minimize further neurological damage and address the resulting orthopaedic conditions. Many people with spina bifida need braces to walk and others use wheelchairs.

As many as 70 per cent of all cases of spina bifida are preventable if women of childbearing age take a daily supplement of 0.4 mg of folic acid *before* conception and throughout their pregnancies.

### Hydrocephalus

Spina bifida is often accompanied by hydrocephalus - the excessive accumulation of cerebrospinal fluid within the brain.

Hydrocephalus may be present at birth or may develop later in life. Treatment for hydrocephalus usually involves surgically implanting a flexible tube into the brain ventricles to drain away excess cerebrospinal fluid. With treatment, mental capability and lifespan are similar to those of the general population. However, most people with spina bifida and/or hydrocephalus will have some form of learning disability.

The damage is irreversible, and the causes are largely unknown. The effects of spina bifida and/or hydrocephalus are varied and range from degrees of paralysis to the less obvious but equally challenging learning disabilities.

Forty years ago, only 10% of babies born with spina bifida survived their first year. Today, with research and advances in medical technology, 90% survive and thrive!

Founded as a support organization by and for parents in 1971 and incorporated in 1973, the SBHAO is a dedicated advocate of the rights and abilities of people with spina bifida and/or hydrocephalus. It is a dynamic organization continuously evolving to meet the needs of its members: children, parents, adults and professionals. The SBHAO is also committed to educating the public about the role of folic acid in the prevention of birth defects.

### Mission Statement

*"To improve the quality of life of all individuals with spina bifida and/or hydrocephalus, through, research, awareness, care and advocacy."*

### Programs & Services

**Research:** The SBHAO recognizes the fundamental importance of research: to understanding spina bifida and hydrocephalus, to working toward increased prevention and to developing improvements in the treatment and support of people living with the conditions. Ultimately, there is also the hope, too, that a cure might be found. That is why, as the organization has grown financially, it has increasingly funded research.

**Awareness:** SBHAO works to ensure important information on spina bifida, hydrocephalus and disability issues (access, employment, education, health and other life issues) is available to its membership, the general public and other audiences.

**Care:** The SBHAO maintains or supports vital programs for individuals and families through peer support programs for youth, adult, and parents. In addition, scholarship programs recognize the achievements and aspirations of young scholars with financial assistance to help them pursue higher education.

**Advocacy:** Given the current societal barriers to people living with disabilities, advocacy is a key function of the SBHAO. As well as carrying out its own initiatives, the SBHAO is an active member of a number of alliances and partnerships:

**Local Chapters:** Through its network of chapters, SBHAO provides support and awareness programs around the province. The public can contact the SBHAO locally or through the provincial head office.

<b>Durham</b>	905-725-6693	<b>Niagara Peninsula</b>	905-735-8658
<b>Georgian Triangle</b>	705-466-9965	<b>Ottawa Regional</b>	613-736-1801
<b>Hamilton District</b>	905-574-2542	<b>Sudbury Regional</b>	705-671-1162
<b>London District</b>	519-679-3803	<b>Windsor District</b>	519-252-0732



Spina Bifida & Hydrocephalus  
Association of Ontario  
1-800-387-1575

## About The Artist



**Spirit Synott**

### Biography

Spirit lives in the moment, a brief listing of her accomplishments may seem redundant; nonetheless she draws on the experiences of many remarkable moments, as an artist, writer, spiritual seeker, actor, typographer, Wen-Do self defense instructor, public speaker and "roll" model. She graduated with Honours from the Ontario College of Art, following a year of study in Florence.

In her work, Spirit looks to touch truth about the human condition.

In 1994, Spirit received one of the Dr. E. Bruce Hendrick Scholarships awarded by SBHAO. This scholarship allowed her to participate in the Ontario College of Art's study abroad program in Florence, Italy. The paintings in this calendar are a tribute to that experience and the role that the association played in making it possible.

### Artist's Statement

"Living and studying in a place enriched by centuries of creative input, inspired me to draw upon the well of my creativity. I found my inner voice spoke up more clearly, responding to the realized dreams of Florence's artistic generations.

My work is an attempt to free society from physical boundaries by going beyond stressful idealization. I wish to show that, in unity, individuals become a harmonious community. Our unique creative impulses come from a common collective source.

Marks made on a surface are a record of action of the inner play of motion and emotion. May the one who visits after me, be enriched by my marks."

